

Treating Explosive Kids: The Collaborative Problem Solving Approach



Presenter

Dr. Stuart Ablon, Ph.D.

Director of Think:Kids in the Department of Psychiatry at Massachusetts General Hospital

Description

Explosive non-compliant children and adolescents present significant challenges to parents, teachers, and child-serving professionals. While conventional reward and punishment approaches are sometimes useful, they often prove ineffective for a substantial percentage of such youth. This conference will provide an alternative way to understand these difficulties and an approach for working with such children that reduces the frequency and intensity of explosive/noncompliant episodes. The approach is an evidence-based model that has been successfully employed across settings including classrooms, outpatient therapy offices, therapeutic and juvenile facilities, and homes.

Who Should Attend

Mental health professionals, educators, child care workers, physicians, child welfare and juvenile justice workers, parents, and anyone interested in learning effective ways for understanding and helping challenging kids.

Learning Objectives

As a result of attending this conference, participants will be able to:

1. Have a different understanding of noncompliant and explosive behavior.
2. Describe the limits of conventional reward and punishment responses to such behavior.
3. Describe a new philosophy and approach to working with challenging kids.
4. Identify lagging cognitive skills contributing to challenging behavior.
5. Implement interventions aimed at reducing challenging behavior while teaching cognitive skills.
6. Discuss challenges involved in employing the model across a variety of circumstances.

Continuing Education Statement

NASW credits have been applied for and are pending. For NBCC credits, SOASTC adheres to continuing education guidelines. 11 credits will be awarded for attendance at this two day conference. Also for educators 11 hours of PDU's will be available.

Registration Information

- | | | |
|--------------------------|----------------------------|-------|
| <input type="checkbox"/> | Single attendee fee | \$125 |
| <input type="checkbox"/> | 5 or more from same agency | \$100 |

Date

Thursday, August 20, 2009 and
Friday, August 21, 2009

Location

Southwestern Oregon
Community College
Coos Bay, Oregon

Conference Time

Thursday: 8 am registration &
check in, conference begins at
8:30 am and ends at 4 pm

Friday: 7:30 am check in,
conference begins at 8 am
and ends at 3 pm

Name

Organization

Mailing Address

City, State, Zip

Phone

Email

Fax

Payment Information

Check MasterCard

Credit Card Number

Expiration Date

Visa Purchase Order

Signature

Parents and foster parents receiving services from or otherwise affiliated with a child-serving agency are free of charge, please indicate agency affiliation on organization line above

Completed Registrations

Please direct all inquiries, registration forms and payment to:
Mary Lynne DeRocher, SOASTC
715 SW Ramsey Avenue
Grants Pass, Oregon, 97527
(541) 956-4943 ext 1116
(541) 956-5463 fax
mlderocher@soastc.org

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Thursday, August 20, 2009

8:30 to 9:00	Registration & Check In
9:00 to 10:30	Introduction Review of Philosophy Limitations of Contingency Management Approaches Pathways Inventory
10:30 to 10:45	Break
10:45 to 12:00	Making Things Predictable Identifying Triggers and Problems to be Solved Breakout Session: Using Stories to Identify Triggers and Lagging Skills
12:00 to 1:00	Lunch on Your Own
1:00 to 2:30	Breakout Session: Assessment Practice using Vignettes Action Plan: Arriving at a Consensus and Prioritizing
2:30 to 2:45	Break
2:45 to 4:00	Presenting a Convincing Formulation to Shift Mindsets Tackling Common Resistances

Friday, August 21, 2009

7:30 to 8:00	Check In
8:00 to 9:00	Continental and Conversation with Stuart
9:00 to 10:00	Review of Three Plans and their Goals Subtypes of Plan B: Timing and Focus Ingredients of Plan B Drilling Down to Identify Concerns
10:00 to 10:15	Break
10:15 to 11:30	Video Examples Problem-Focused Plan B Example Troubleshooting Plan B Breakout Session: Practicing Problem—Focused Plan B
11:30 to 12:30	Lunch on Your Own
12:30 to 1:45	Skills—Focused Plan B: When and Why Kids Who Can't Generate Solutions Skills—Focused Plan B Example Breakout Session: Practicing Skills—Focused Plan B
1:45 to 2:00	Break
2:00 to 3:00	Tackling Common Resistances The Role of Medication Research Implementation in Systems

About the Presenter

J. Stuart Ablon, Ph.D., is Director of Think:Kids in the Department of Psychiatry at the Massachusetts General Hospital (MGH) where he specializes in the treatment of explosive, inflexible, easily frustrated children and adolescents and their families. He is also Director of the Psychotherapy Research Program at MGH and Associate Clinical Professor of Psychology in the Department of Psychiatry at Harvard Medical School. Dr. Ablon is co-author of the acclaimed bestselling book, *Treating Explosive Kids: The Collaborative Problem Solving Approach* and is also featured in the DVD / video, *Parenting the Explosive Child: The Collaborative Problem-Solving Approach*. He has authored numerous other articles, chapters and scientific papers on behavioral assessment and psychosocial interventions for children with disruptive behavior disorders. His research has been funded by, amongst others, the National Institute of Health, the American Psychological Association, the Mood and Anxiety Disorders Institute, and the Endowment for the Advancement of Psychotherapy.

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