

**Think Differently: A New Approach for Parenting, Teaching and Treating  
Children with Behavioral Challenges**

Doctor Franklin Perkins School • 971 Main Street • Lancaster, MA.

**Friday, November 13th, 2009**

**9:00 A.M. – 4:00 P.M.**

**WORKSHOP OVERVIEW**

Think:Kids and the Department of Psychiatry at Massachusetts General Hospital (MGH) is pleased to offer a one-day training program featuring Dr. Stuart Ablon, Director of Think:Kids and Beth Edelstein, Director of Outreach and Support. This one-day training is intended for parents, clinicians and educators interested in learning about the innovative and evidence-based approach to understanding and helping children and adolescents with behavioral challenges described in the acclaimed book, *Treating Explosive Kids: The Collaborative Problem Solving Approach*.

The approach provides a new way of understanding and helping kids who struggle with behavioral challenges. Challenging behavior has traditionally been thought of as willful and goal oriented which has led to approaches that focus on motivating better behavior using reward and punishment programs. If you've tried these strategies and they haven't worked, this workshop is for you! At Think:Kids we have some very different ideas about why these kids struggle. Research over the past 30 years demonstrates that for the majority of these kids their challenges result from a lack of crucial thinking skills when it comes to things like problem solving, frustration tolerance and flexibility. Our approach, therefore, focuses on helping parents teach their children the skills they lack while resolving the chronic problems that tend to precipitate challenging behavior.

Through lecture, case examples and role plays this one-day training will help you shift your thinking and approach to foster positive relationships with these children and encourage growth in areas of self-regulation, communication and problem solving.

We are thrilled to be offering this training at the **Doctor Franklin Perkins School** in Lancaster, MA. Our sincere appreciation to the school for their generous donation of their facility for the day.

**WORKSHOP AGENDA**

<b>8:15-9:00</b>	Registration and Continental Breakfast
<b>9:00-10:30</b>	Philosophy and the Power of Conventional Wisdom
<b>10:30-10:45</b>	Break
<b>10:45-12:00</b>	Pathways to Challenging Behavior: Identifying Triggers and Lagging Thinking Skills
<b>12:00-1:00</b>	<i>Lunch (included)</i>
<b>1:00-2:15</b>	The Plans: Your Three Options for Responding to Problems
<b>2:15-2:30</b>	<i>Break</i>
<b>2:30-3:30</b>	Plan B: Solving Problems and Teaching Skills Collaboratively
<b>3:30-4:00</b>	Question and Answer / Further Resources

## WORKSHOP DETAILS

<b>Location</b>	Auditorium, Dr. Franklin Perkins School, 91 Main Street, Lancaster, MA.
<b>Directions</b>	Visit: <a href="http://www.perkinschool.org/admissions_and_directions.htm">http://www.perkinschool.org/admissions_and_directions.htm</a>
<b>Transportation</b>	Please take advantage of Think:Kids on Facebook and Twitter to coordinate carpools.

## WORKSHOP REGISTRATION

<b>Fee</b>	<p><b>*Registration Fee:</b>            Individual Rate...\$99/person <i>(includes continental breakfast, lunch and snacks)</i>            Group Rate.....\$89/person <i>(groups of two or more registering at same time)</i></p> <p><b>Fee for CEUs.....\$10 additional per discipline</b></p> <p><i>*Should you require tuition assistance, please email: <a href="mailto:info@thinkkids.org">info@thinkkids.org</a> or call 617-643-6030 regarding potential funding sources.</i></p>
<b>Accreditation</b>	<p><b>Teachers:</b> An application has been submitted to the Massachusetts Dept. of Primary &amp; Secondary Education for PDPs.</p> <p><b>Social Workers:</b> An application has been submitted to the Collaborative of the Massachusetts NASW, Boston College, and Simmons College</p> <p><b>Licensed Mental Health Counselors:</b> An application has been submitted to MMCEP for continuing education hours.</p> <p><b>Licensed Marriage and Family Therapists:</b> An application has been submitted to Family Development Associates/Continuing Education Certificates for CE credits.</p> <p><b>Nursing:</b> A Certificate of Attendance will be awarded.</p>
<b>Deadline</b>	No walk-ins accepted, please register early!
<b>Cancellations</b>	Non-refundable. Substitutions are permitted.
<b>Confirmation</b>	Email confirmation will be sent when registration and payment are received.
<b>Questions</b>	Email: <a href="mailto:info@thinkkids.org">info@thinkkids.org</a> or call 617-643-6030

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Please mail completed form(s) with check made payable to *Think:Kids at MGH* to:

Think:Kids

151 Merrimac Street, Suite 300,

Boston, MA. 02114

*(Please print clearly and use a separate form for multiple registrants)*

Name: \_\_\_\_\_

I will be attending as a: *(check all those that apply)*:  Parent  Clinician  Educator  
 Other \_\_\_\_\_

Position/Title (if applicable): \_\_\_\_\_

Organization Name (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

I heard about the workshop from:  Email  Mail  Website  Friend  Other

**REGISTRATION PAYMENT AND CEU FEES**

\$ \_\_\_\_\_ Individual Registration Fee: \$99/person

\$ \_\_\_\_\_ Group Registration Fee (for groups of two or more): \$89/person *(applications must be submitted together)*

\$ \_\_\_\_\_ Fee for CEUs (\$10 per discipline). Please indicate discipline(s) for which you wish to receive CEUs.

- Social Work
- Licensed Mental Health Counselors
- Marriage and Family Therapists
- Psychologists (CEs)
- Educators (PDPs)
- Nursing (Certificate of Attendance)

\$ \_\_\_\_\_ TOTAL ENCLOSED

**REGISTRATION METHOD**

- My check (payable to Think:Kids at MGH) is enclosed.
- Purchase Order #: \_\_\_\_\_ . (A copy of the purchase order must be attached)