

RETHINKING CHALLENGING KIDS			
CPS INTE			
		CORECARD	
Date:	Trainee's Name:	Ev	valuator's Name:
Organization: Group/Team:			
	TO CONSIDER	Skillfulness Rating (1=Low, 4=High)	Notes
	ASSESSMENT		
1	 Classified problems to be solved, skills to be trained, and challenging behaviors correctly Identified specific triggers or unmet expectations as problems to be solved Hypothesized about thinking skills that contribute to challenging behavior 	NA 1 2 3 4	
2	PLANNING	NA 1 2 3 4	
	 Assigned Plan B for at least 1 problem to be solved, with a rationale for doing so Assigned a Plan to be used for all other problems to be solved and discussed how you will do Plans A or C Discussed need to clarify expectations, modify environment, or gather more information when necessary 	NA 1 2 3 4	
3	INTERVENTION - Ingredient #1: Empathize	NA 1 2 3 4	
	 Started Plan B with a neutral statement about the problem (not behavior) to be solved Used 4 tools (1. Clarifying questions, 2. Educated guessing, 3. Reflective listening, 4. Reassurance) to clarify youth's concern(s) 		
	INTERVENTION - Ingredient #2: Share	NA 1 2 3 4	
	• Shared adult's specific concern (not solution!)		
	INTERVENTION - Ingredient #3: Collaborate	NA 1 2 3 4	
	 Invited youth to brainstorm solutions that address both concerns and gave youth first opportunity Used "litmus test" to evaluate solution together with youth Responded to dysregulation with reflective listening and reassurance when needed 		
4	PHILOSOPHY	NA 1 2 3 4	
	 Portrayed belief that challenging behaviors arise from skill not will Avoided use of behavioral/operant strategies 		
	GLOBAL CPS INTEGRITY SCORE:		